

THE MENDED MIRROR

Reflections on Life: Wholeness in Brokenness



written by author:
Karen Hilfman

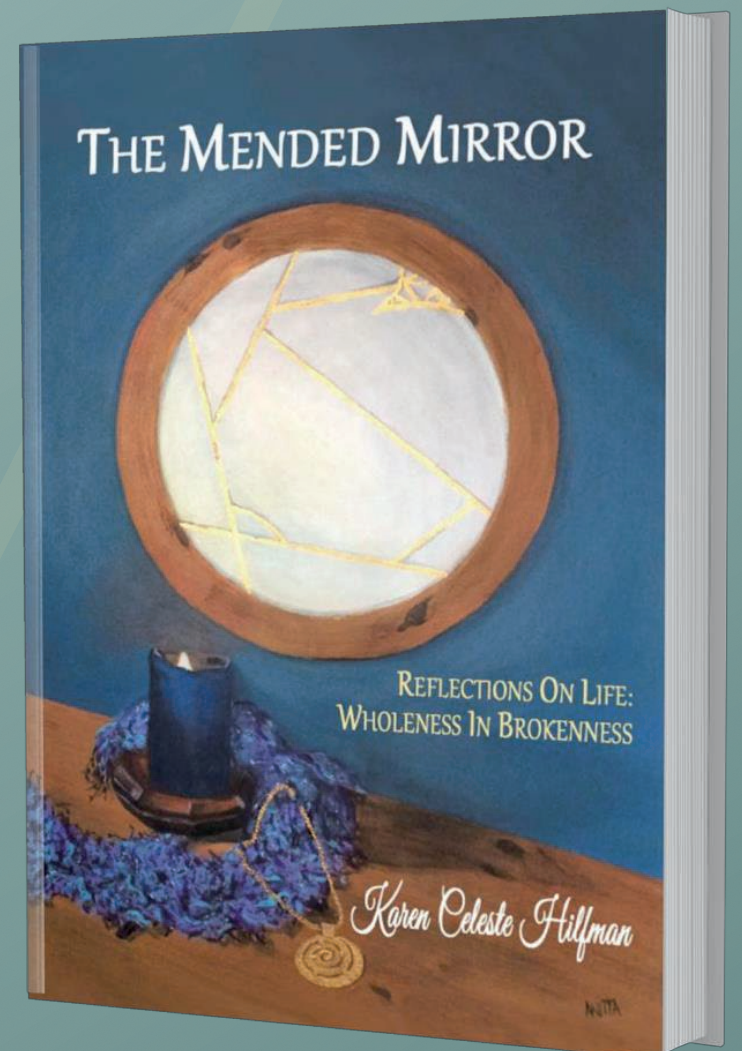
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The Mended Mirror is a beautifully written and gripping family story and compelling account of what awaits us in the deeply human journey from brokenness to wholeness.

Michael Jones,

*The Soul of Place: Reimagining Leadership
Through Nature, Art and Community*

The Mended Mirror is inspirational. Part searing memoir, part spiritual wisdom, and wholly entrancing, this book invites us to glean deep insight from the pains and challenges of our lives.

Tanis Day, PhD,

*The Whole You: Healing and
Transformation through Energy Awareness*

The Mended Mirror goes beyond an interesting read to be inspiring to people dealing with challenges in their lives, to people who have learned to follow their intuitive nudges and to anyone wondering how to bring love and curiosity to those members of our families, or close circles that we might describe as difficult or challenging.

Kathy Jourdain,

*A Worldview Intelligence Approach to
Building Trust and Relationship at the Speed of Change.*

The Mended Mirror weaves together memoir, spirituality and the courage, love and frustration of a unique family life. It brings together Wise Woman teachings, lessons from a mother's fragmented life, and a glimpse of other ways of being in the world. Karen Celeste Hilfman's deft fingers create both tapestry and mosaic that will resonate with readers seeking ways to re-craft their own lives. I highly recommend this book for study groups, writers and seekers of wholeness.

Carolyn Pogue,
Hilwie's Bread

Spiritual & Mental Health / Cultural Evolution / Authenticity / Memoir

A year before her mother's death Karen is startled to discover that what she calls her mother's "moods and states" are actually eight distinct alter personalities. Then six years later a DNA test result reveals another shock—there is an extra biological father in their family of four siblings. Karen's immediate response is to declare two things: first their "real Mom" did not know about the extra biological father because of the many personalities, and second, like Janis, she must have the different biological father too, because there is no way they are not full sisters. In this absorbing, deeply personal story, Karen pieces together fragmented memories to unravel a mystery that began more than eighty years ago as she reflects on how these realities have impacted her understanding of herself and life. In doing so, she inspires us to take off our masks to be more present to ourselves and one another, and to intentionally connect to the powers of love and creativity deep within every one of us.

After I read this book, I told myself never to forget it. It's a testament to the transformation that awaits humanity on the other side of egoism. There's hardly a person alive who doesn't need this book.

Julie McGonegal, PhD, *Imagining Justice*

This is a stunning piece of work by Karen Celeste Hilfman.

Christina Baldwin, Teacher of Memoirs, *Storycatcher*

The Mended Mirror is searing autobiography, keen analysis, and a very uncomfortable metaphor for the world today. It is a serious read, not for the faint-hearted—but with rich rewards for those who persevere.

Harrison Owen, Open Space Technology

Karen Celeste Hilfman is a master storyteller. We learn from her experience as well as feel with her to the heart of what really matters.

Dr. Nancy Roof, *Kosmos Journal for Global Transformation*

Karen Celeste Hilfman's passion for authentic connection is the focus of her life's work. As a consultant, facilitator, author and coach she engages with and inspires communities and individuals to live life fully, encouraging them to listen to the wisdom and creative possibilities deep within that will connect and guide us.

www.AuthenticConnectionCulture.com

