

## CREATING SPACE FOR WHOLENESS

CONVERSATIONS & CONNECTION  
THROUGH EPIPHANY AND LENT  
REFLECTING ON  
THE JOURNEY HOME  
TO WHO WE ARE MEANT TO BE

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13 Sessions for  
Reflection & Conversation

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FACILITATOR

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Author of

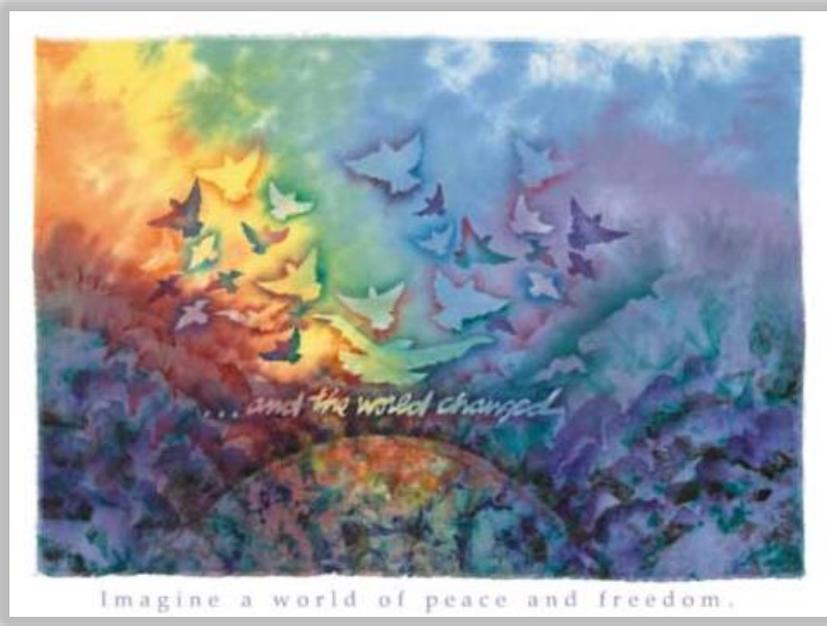
*The Mended Mirror*

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Epiphany is based on the story of the coming of the wise ones who go home by a different route. They have an epiphany experience that helps them to see the path they need to take. We need to create space for such epiphanies and insights in our world today - to clearly see and choose the pathways we are to walk to create a world that is powered by love and filled with wholeness.

Lent is based on a biblical story of Jesus in the wilderness for 40 days as he discerns how he will engage in the world and which pathway he will take to honour the fullness of who he is. In a world where changes happen rapidly we need to create space for conversation and reflection so we can discern how we will engage in the world and which pathway we will take to honour the fullness of who we are.

PLEASE SHARE THIS  
OPPORTUNITY WITH OTHERS!



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Available on Mondays from January 6<sup>th</sup> to Saturday April 4<sup>th</sup>

An Online Conversation based on the insights of *The Mended Mirror*



As the year of 20/20 vision emerges we are invited to hold space together to empower a vision that reflects our deepest yearnings for wholeness and well-being, a vision that calls us as the people of the Earth to make choices wisely, intentionally and courageously. This time of walking together with the intent to give energy to this vision will weave through Epiphany (a time of

choosing a new pathway home) and Lent (a time of discernment to choose how we will show up in the world). For each week of this 13 week journey, quotes for conversation starters will be posted on the Facebook event page, on the website, as well as via email. Everyone is invited to add to the conversation on Facebook or the website with quotes, poems, comments about your journey and thoughts or by simply add your presence and energy to the intention. Choose to be a participant on the Facebook event page, connect to the blog on the website noted below or email me at [karenhm@sympatico.ca](mailto:karenhm@sympatico.ca). Blessings on the journey!

[www.AuthenticConnectionCulture.com](http://www.AuthenticConnectionCulture.com)

or [www.TheMendedMirror.com](http://www.TheMendedMirror.com) or [www.TheMendedMirror.ca](http://www.TheMendedMirror.ca)

Go to *Courses* on the website to access resources and add your comments or check out Facebook event @ Karen.Hilfman.Millson to say yes to this event.